

# The beginning of university life. Freshmen and the tutorial proposal for this transition

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This qualitative study aims to understand the interests, experiences, issues and resources that demonstrate freshmen as part of the process of integration into university life, and exploration and commitment to their vocation. At the same time, this study evaluates the impact of the tutorial proposal on a group of freshmen of General Studies - Arts.

In order to obtain the required information, different techniques have been used for the collection and triangulation of information, each analyzed under a specific procedure: essays written by students, focus groups with young people who took the tutoring sessions between 2007-1 and 2010-1, surveys conducted by tutors, group and individual blogs and surveys of students.

The results are organized into two main themes: youth of today and their transition to university and university against the new university student: the proposed tutorial. It is hoped that these results will enable General Studies - Arts' professors, particularly those who fulfill the role of tutors, guide in a more effective way, both in academics and in development, to new students.